



THE STATE  
of **ALASKA**  
GOVERNOR MIKE DUNLEAVY

**Department of Labor and  
Workforce Development**

LABOR STANDARDS AND SAFETY  
Wage and Hour

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Dear Employer,

The Alaska Department of Labor and Workforce Development, Wage and Hour is responding to ongoing problem areas concerning caregivers hired by assisted living homes (ALH). For the purpose of education, this letter is being sent as an industry-wide notice to address multiple issues that appear to be subject to widespread misunderstanding throughout the industry. Among the issues that have been the focus of the complaints and subsequent enforcement activities are:

- the absence of written hiring agreements between the employer and the employee;
- changes to the rate of pay without the required written notice;
- payment of wages and overtime inconsistent with the *Alaska Wage and Hour Act*;
- nonpayment of wages for all hours worked;
- insufficient or non-existent records of all daily and weekly hours worked by every employee;
- nonpayment or insufficient payment for time spent in travel and other work-related duties;
- employees being incorrectly classified as independent contractors or volunteers;
- employees not being paid for overtime when their employers enter into a joint-employer relationship, and
- employees subjected to unlawful deductions from wages, the withholding of paychecks, or who are being compelled to reimburse employers for room and board above regulatory limits and without written authorization.

We will address each of these issues in this letter and we are always available to discuss any follow-up questions you may have.

## Written Hiring Agreements and Changes in the Rate of Pay

Under Alaska law, employers must provide all employees with a written notice of their rate of pay, where they will be receiving payment, and the established pay day (weekly, bi-weekly, monthly) before the employee starts work. Any time the employer wants to make a change to any of these items, they must provide the employee with another written notification no later than on the payday before the time of change. The change cannot be made in the middle of a pay period and cannot be retroactive.<sup>1</sup>

## Minimum Wage and Overtime

Except as otherwise provided for in law, an employer shall pay to each employee a minimum wage, for all hours worked in a pay period, whether the work is measured by time, piece, commission or otherwise.

The current Alaska minimum wage is \$11.73 per hour as of January 1, 2024. Alaska's minimum wage is subject to annual adjustment using the Consumer Price Index for the previous calendar year. Barring any allowable exemptions, an employee who works over 8 hours in a day and/or more than 40 straight-time hours in a week must be paid 1.5 times their *regular rate*<sup>2</sup> of pay (this requirement of the law is referred to as "overtime").<sup>3</sup> Furthermore, if an employee is paid at more than one rate of pay for work performed during a workweek the overtime is to be calculated by using a *weighted average* formula. Time spent working is compensable time, even if an employee's CPR license or other certifications have lapsed. If the work is directed by *or allowed* by the employer or if the employer has reason to suspect that the employee worked, the time spent working is compensable.<sup>4</sup> An accurate record of all daily and weekly hours worked must be kept, and most importantly, the employee must be paid correctly for all these hours.

## Salary

***Payment on a salary basis does not eliminate overtime requirements.*** Individuals who are paid on a non-exempt salary basis must be paid in a manner consistent with the minimum wage and overtime requirements of the *Alaska Wage and Hour Act*.

Caregivers in assisted living facilities are not specifically exempt from overtime requirements and must be paid time-and-a-half for work performed in excess of 8 hours per day and/or 40 straight-time hours in a work week. Payment on a salary basis does not eliminate overtime pay obligations. If a fixed and recurring pay rate for a set period of time, i.e. week or month, (salary) has been established, "the applicable compensation basis must be converted to an hourly rate when determining the regular rate for computing overtime compensation and a written contract must be provided showing the hourly rate, the overtime rate, and the fixed number of hours worked each week to arrive at the specified, fixed salary amount. If the contract fails to establish a fixed number of daily and weekly hours that the salary is intended to compensate, or if the actual hours of work deviate from the hours specified in the contract without a corresponding adjustment in hourly pay, the salary will be considered to be compensation for an eight-hour workday and 40-hour workweek, and overtime will be computed on that basis."<sup>5</sup>

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<sup>1</sup> AS 23.05.160

<sup>2</sup> 8 AAC 15.100

<sup>3</sup> AS 23.10.060

<sup>4</sup> 29 C.F.R. §785.11

<sup>5</sup> 8 AAC 15.100

**Note:** To determine if an employee meets the exemptions from Alaska’s minimum wage and overtime requirements based on work in a bona fide executive, administrative, or professional capacity, consult the *Code of Federal Regulations 29 C.F.R. § 541, Alaska Statute 23.10.055, and Alaska Administrative Code 8 AAC 15.908*, or contact the Wage and Hour office in your region.

### **Accurate Record of Hours Worked**

An employer shall keep an accurate record of all the daily and weekly hours worked by each person.<sup>6</sup> A mere record of hours spent only in providing care to the recipient of services may not be sufficient to account for all the hours actually worked by the employee. The time worked may also include, but is not limited to, time spent preparing to deliver services to the recipient and time spent on post-provision duties (such as preparing records or cleaning at the end of the shift, travelling between facilities, doctor’s appointments for clients, trips to the store to purchase items for the assisted living home, etc.).

### **Travel Time**

The employer must determine whether time spent in travel is working time. In contrast to regular home to work travel, which is not compensable, if time spent in travel is part of the principle activity of the employee’s work day, such as taking a client to a doctor’s appointment, the time is considered work and must be counted as hours worked.<sup>7</sup> When an employee has been directed to provide services at one facility and is then assigned to provide services at a second facility, the time spent in travel between the two sites is also compensable time. Put simply, travel from job site to job site during the workday must be counted as hours worked.

### **Independent Contractor, Volunteer, or Employee?**

Frequent calls to the Wage and Hour office have also raised the issue of the caregiver’s being classified as an independent contractor rather than an employee. When determining whether or not the relationship between the business and the alleged employee is subject to the *Alaska Wage and Hour Act* and the *Fair Labor Standards Act* (FLSA), it must be determined “whether the worker is dependent upon finding employment in the business of others. If the facts show such a dependency, the worker is an employee.”<sup>8</sup> Employers are encouraged to review the factors established by the Alaska Supreme Court (see footnote #8). In general, all caregivers should be treated as employees to avoid issues with agencies such as Wage and Hour, Worker’s Compensation, Unemployment Insurance taxes, and IRS taxes, unless the alleged employer can clearly demonstrate that a worker is an independent contractor. This is very unlikely unless the caregiver is the owner of the ALH business. The mere possession of an Alaska business license is not enough to substantiate independent contractor status.

With regard to volunteers, a for-profit business is barred from using volunteer labor.<sup>9</sup>

### **Joint-Employer Relationship**

A single individual may be an employee of two or more employers at the same time. A determination of whether the employment by two or more employers is to be considered joint employment or separate and distinct employment depends upon all the facts in the particular case. If all the relevant facts establish that two or more employers are acting entirely independently of each other and are

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<sup>6</sup> AS 23.05.080

<sup>7</sup> 29 C.F.R. § 785.38

<sup>8</sup> *Jeffcoat v. State, Dept. of Labor*, Sup. Ct. Op. No. 3162 (File No. S-1444), 732 P2d 1073 (1987).

<sup>9</sup> AS 23.15.055(6)

completely disassociated with respect to the employment of a particular employee, who during the same workweek performs work for more than one employer, each employer may disregard all work performed by the employee for the other employer(s). On the other hand, if the facts establish that the employee is employed jointly by two or more employers (i.e., that the employment by one employer is not completely disassociated from the employment by the other employer(s)) all of the employee's work for all of the joint employers during the workweek is considered as one employment. In this event, all joint employers are responsible, both individually and jointly, for compliance with Alaska's overtime and minimum wage requirements with respect to the entire employment for the particular workweek and pay period. In simple terms, if one ALH hires a caregiver for 24 hours for three days, and a joint employer hires the same caregiver for 24 hours in three days, 8 hours of overtime would be due.

With regard to assisted living facilities, the mere fact that each facility is a separately licensed business, is owned by a relative, or maintains separate payrolls is immaterial. If the employee performs work which simultaneously benefits two or more employers, a joint employment relationship likely exists. In situations where there is an arrangement between the employers to share the employee's services, or where one employer is acting directly or indirectly in the interest of the other employer(s), a joint employment relationship would exist.

### **Employees Living in the ALH**

Assisted living facilities often hire employees who reside in the assisted living home on a permanent basis or for extended periods of time. Ordinarily, the employee may engage in normal private pursuits and thus have enough time for eating, sleeping, entertaining, and other periods of complete freedom from all duties, such as time when they may leave the premises for their own purposes.<sup>10</sup> Though an employee may live in the assisted living home, not all of the time spent on the premises needs to be counted as work time. However, if an employer indicates to the employee that hours are to be worked, and the hours are actually worked, those hours worked must be paid. If an employee is engaged to wait<sup>11</sup> by the employer, and cannot use their time effectively for their own purposes, the employee is expected to be paid for their time spent waiting.

If an employee is completely relieved from all duties for 20 minutes or more during which the employee may use the time effectively for his/her own purposes, then the periods need not be counted as time worked.<sup>12</sup> Again, the employer is expected to keep an accurate record of the daily and weekly hours worked by each employee to assure proper payment for the time worked.

### **Room and Board**

When an employee lives at the assisted living home, the employer is allowed to deduct an amount from the employee's wages for the reasonable cost of room and board. The amount of this deduction must be reasonable and without profit to the employer and based on a *written agreement signed by the employee*. Use of the facilities must be voluntarily, and no deduction for room and board is lawful in any situation in which an employer requires an employee to use the employer-provided facilities. Hiring or firing of employees based upon the employee's willingness to authorize deductions for room and board costs from their check is not considered voluntary.<sup>13</sup>

Furthermore, unless the employer and the employee have a *written agreement*, that meets the

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<sup>10</sup> 29 C.F.F. § 785.23

<sup>11</sup> 29 C.F.R. § 785.15

<sup>12</sup> 29 C.F.R. § 785.18

<sup>13</sup> 8 AAC 15.160

requirements of Alaska regulation 8 AAC 15.160, signed by the employee, before the deduction, the employer is prohibited from seeking to retroactively deduct the cost of room and board from their wages as an offset against wages due upon termination or wage deficiencies subject to collection by the department. An employer may deduct an amount from the minimum wage or overtime rates set out under AS 23.10 of an employee's earnings, to reimburse an employer for the reasonable cost of furnishing board or lodging based on a written agreement. A deduction of \$20 per day or less for board or lodging will not require a determination by the director unless evidence indicates that the deductions unreasonable for the board or lodging provided or results in a profit to the employer. Before an employer decides they will implement a room and board agreement, they should consult Alaska Regulation 8 AAC 15.160(d) for the full list of requirements.<sup>14</sup>

### **Sleep Time**

If an employee is required to be on duty for a 24-hour period of time, the employer and the employee may agree (preferably in writing) to exclude designated meal periods (no less than 20 minutes) and regularly scheduled sleeping time of up to 8 hours from hours worked, provided *adequate* sleeping facilities are furnished by the employer and the employee can usually enjoy an uninterrupted night's sleep. If the sleeping period consists of more than 8 hours, only 8 hours will be credited. If there is no agreement in place, the 8 hours of sleeping time and lunch periods are to be counted as hours worked. If the sleeping period is interrupted by work, this time is compensable. If the period is interrupted to such an extent that the employee cannot get at least 5 hours of uninterrupted sleep, the entire period must be counted as hours worked.<sup>15</sup>

For further information on this subject, you should study the information provided on the U.S. Department of Labor website found at <https://www.dol.gov/agencies/whd/direct-care/sleep-time>.

### **Deductions**

An employer and employee may enter into a written agreement to provide for deductions of monetary obligations of an employee. An employer may not require compensation from an employee to which they are entitled through force, intimidation, or threat of dismissal from employment, or any other manner. A written agreement for deductions is not valid if it would reduce the employee's wage rate below the statutory minimum wage and overtime rates.

An employer may not deduct from an employee's wages any of the following:

- Customer checks returned due to insufficient funds or any other reason,
- Non-payment for goods or services as a result of theft or credit default,
- Cash or cash register shortages, unless the employee admits willingly and in writing to having personally taken the specific amount of cash that is alleged to be missing,
- Lost, missing, or stolen property, unless the employee admits willingly and in writing to having personally taken the specific property alleged to be lost, missing or stolen,
- Damage or breakage costs, unless clearly due to willful conduct of the employee and the employee has acknowledged responsibility in writing.

An employer shall give each employee a written or electronic statement of earnings and deductions for each period. The statement of earnings and deductions must contain the employee's:

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<sup>14</sup> 8 AAC 15.160

<sup>15</sup> 29 C.F.R. § 785.22(a)(b)

- Rate of pay;
- Gross wages;
- Net wages;
- Beginning and end dates of the pay period;
- Federal income tax deductions;
- Federal Insurance Contribution Act deductions;
- Alaska Employment Security Act contributions;
- Board and lodging deductions;
- Advances;
- Straight time and overtime hours actually worked in the pay period;
- Other authorized deductions.<sup>16</sup>

### **Final Paycheck**

If the employment is terminated by the employee, payment is due at the next regular payday that is at least three days after the employer received notice of the employee's termination of services. If employment is terminated by the employer, regardless of the cause for the termination, payment is due within three working days after the termination.<sup>17</sup> The day of firing, weekends, and bank or state holidays, are not included in these three days. If an employer violates this statute, the employer may be required to pay the employee a penalty in the amount of the employee's regular wage, salary or other compensation from the time of demand to the time of payment, or for 90 working days, whichever is the lesser amount.

### **Workers' Compensation Coverage**

Any business operating in Alaska with even one part-time employee is required to carry workers' compensation insurance under Alaska Statute 23.30.075. The policy must be bound in the State of Alaska; Alaska is not a reciprocal state and does not recognize coverage bound in any other state or country, even if the policy purports to cover an injury occurring in Alaska. There is no exemption for family members or friends for purposes of workers' compensation liability. Employee status is determined using the independent contractor definition found in Alaska Statute 23.30.230(a)(12). The criteria in this definition are all-inclusive. Penalties for not having workers' compensation coverage are severe. It is a crime under the Alaska Workers' Compensation Act for employers to misclassify employees or deduct all or any portion of workers' compensation premiums from an employee's paycheck. If you have questions regarding workers' compensation requirements, please download and review the Employer's Guide to the Alaska Workers' Compensation Act at [https://labor.alaska.gov/wc/publications/employer\\_guide\\_to\\_wc\\_act.pdf](https://labor.alaska.gov/wc/publications/employer_guide_to_wc_act.pdf) or contact the Alaska Division of Workers' Compensation at (907) 269-4002.

### **Unemployment Insurance Coverage**

An employer misclassifying a worker as an independent contractor instead of an employee may be liable for penalties and interest for failure to report the worker and pay associated taxes. If you have questions regarding unemployment tax requirements, please contact Employment Security Tax at (888) 448-2937.

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<sup>16</sup> 8 AAC 15.160(h)

<sup>17</sup> AS 23.05.140

## Resources

In conclusion, a business that is involved in practices that are not consistent with Alaska wage and hour laws must correct the discrepancies immediately to avoid future enforcement actions. We hope that your organization will take this opportunity to conduct an internal review and voluntarily make any wage adjustments. We have noted several applicable statutes and regulations for your review. Employers are encouraged to conduct a complete review of Alaska's wage and hour laws and regulations as published in the *Pamphlet 100* publication, which can be found at: <http://labor.alaska.gov/lss/forms/pam100.pdf>. Our website can be found at: <http://labor.alaska.gov/lss/whhome.htm>.

The Wage and Hour office provides a cost-free counseling service to Alaska employers, and we invite you to take advantage of this service. A regular, monthly webinar is offered to employers and employees concerning wage and hour laws. Check our website for the webinar schedule and contact our office at (907) 269-4900 for registration. In addition, an investigator is on duty Tuesday, Wednesday, and Thursday from 8:30 a.m. to 4:30 p.m. excluding the noon hour, to answer any questions you may have.

Alternatively, you may wish to contact a private attorney. The Alaska Lawyer Referral Service may be able to assist you with locating an attorney to address your specific concerns. You may contact this office at 1-800-770-9999 or visit the following website for additional information: <https://www.alaskabar.org>